6 Morgan, Suite 112 Irvine, CA 92618

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July 22, 2004

CERTIFIED MAIL Return Receipt Requested

Dr. Robert J. Moore Branch Chief, Compliance & Enforcement Branch Office of Nutrition Products, Labeling and Dietary Supplements FOOD & DRUG ADMINISTRATION (HFS-800) 5100 Paint Brush Parkway College Park, Maryland 20740

Dear Dr. Moore:

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the Agency of statements being made in connection with the marketing of dietary supplements which are being distributed by this company.

The text of the statement that is being made is as follows:

Clinically Proven to Promote Bowel Health

The name of the Product is as follows:

BowelSoothe, 10 Packets

The dietary ingredients for which this statement is being made are:

White peony root, atractylodes rhizome, cardamon seed, Paederia scandens and Sonchus brachyotus

Below the claim on the principal display panel is a ruled DSHEA disclaimer, "This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

As required, enclosed are two additional copies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Vitapharmica has substantiation that the statement being made is truthful and not misleading.

Sincerely,

Dr. Stephen M. Paul, PhD

President

Vitapharmica, Inc.

Enclosures

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